

At a glance information about local organizations involved in your Care - Palliative Care Partnership West Northumberland



1. GPs and GP practices

This will often be the first point of contact for health related concerns and may involve patients as well as their relatives and carers.

Contact your own GP surgery for information.



2. Tynedale Hospice at Home (THH)

Tynedale Hospice at Home provides:

- A home nursing service, with qualified nurses and trained health care support workers.
- Transport service taking clients to hospital appointments.
- Family, pre and post adult and child bereavement support services.

Contact: 01434 600388

www.tynedalehospice.com



3. Personal care and practical support

People with a serious illness may need practical support with daily living tasks, help with some aspects of personal care and support for their family and friends who assist them. The community matron and/or social worker who is co-ordinating your support and care can discuss this further with you and give more detailed information and advice. People whose health is deteriorating rapidly are entitled to assessment under Continuing Health Care and Social Care Services, which the above professionals will discuss with you further. Phone: 'OneCall' on 01670 536 400 (Single Point of Access for Adult Social Care)

4. Community nursing teams

Community Matrons & Community Nurses

Community Matrons work closely with patients, their families, GPs, specialist nurses and other agencies to organise and provide nursing care in a variety of health care settings. Community Matrons act as case managers to ensure appropriate care is planned, co-ordinated, managed and evaluated for housebound patients with complex health needs. They are contacted via your surgery.

5. Specialist Palliative Care Team

The Team consists of a Consultant, Macmillan Nurses, Physio & Occupational Therapists, Social Worker & Technical Instructor. They provide Specialist advice & support for patients with life limiting illnesses alongside other Health & Social Care Services. Referrals can be made through your Healthcare Professional such as your GP or Hospital Consultant.



6. Northumberland Cancer Support Group

The Northumberland Cancer Support Group is a **charity** which is a completely voluntary, self help group offering a safe and friendly environment where people with cancer, their friends and families, can meet others facing a similar challenge.

Contact: Mob 07598 620599.



7. Lifespan

Lifespan is a local charity based at Hexham which brings ease and support to people with serious and life-threatening illness, and to family members and friends who care for them. Phone: 01434 622398.



8. Carers Northumberland

Carers Northumberland offer support and information for carers throughout their caring journey. They offer opportunities for carers to meet regularly with others to share caring experiences, who understand what caring can be like, access to a wide range of information sources relating to carer rights and the conditions of those cared for, small grants to enable short breaks from caring, practical short-term support through the Carers Information Line: 01670 320025



9. The Macmillan Support Services

The Macmillan Support Services provide information and support to anyone affected by cancer or a life limiting illness. We offer one to one support within a person's own home or a community venue if preferred. Our volunteers attend the oncology day unit at Hexham. Contact any of the Team, Nursery Park Care Centre Nursery Park Road, Ashington, NE63 0HP. Tel: 01670 855533.

10. Bereavement services

- a. Tynedale Hospice at Home provides pre and post bereavement support to children, families and adults. Tel : 01434 600384.
- b. Macmillan Bereavement & Befriending Service. See 9
- c. Lifespan – see 7.
- d. Talking Matters Northumberland 0300 3030 700
- e. Forever Parents – group support for parents. Helpline 0808 8088 100
- f. Self-help
<http://www.patient.co.uk/health/Bereavement-A-Self-Help-Guide.htm>